

What will we do to ensure we are allergen safe?

To ensure the safety of our school community, we will:

- ✓ List all ingredients on the labels of any food that is made on site and packaged prior to being selected.
- ✓ Ensure we emphasise any potential allergens present each time they appear in the ingredients list, along with minimising the amount of allergenic ingredients where possible.
- ✓ Raise the awareness of all staff in school on Natasha's Law.
- ✓ Work with Nottingham City Catering to ensure all kitchen staff are aware of their responsibility to provide correct allergen information.
- ✓ Work with Nottingham City Catering to ensure that all kitchen staff are trained in allergy awareness and how to respond to an allergy sufferer's questions.
- ✓ Nottingham City Catering will engage with suppliers and build good relationships to ensure they keep updated on any product or ingredient changes quickly and inform us of them.
- ✓ Aim to be Nut free.

What can you do as parents and carers?

Parents and carers are also reminded of the importance of keeping the school informed of any known allergens so that Health Care Plans can be updated, as required.

Regarding packed lunches, please be aware of the allergen list within this leaflet, when sending in packed lunches for your child, as some of our pupils may have intolerances to the allergens.

In order to maintain the health and wellbeing of the children, staff and the wider Rosehill community, we request that parents label any food for school events, potentially containing allergens.

Our Allergen Champion

We have designated Charlotte Turner, to be our allergen champion. You can contact our allergen champion on c.turner@rosehill.nottingham.sch.uk if you have any questions regarding your child's allergens and the actions we are taking to ensure their safety.

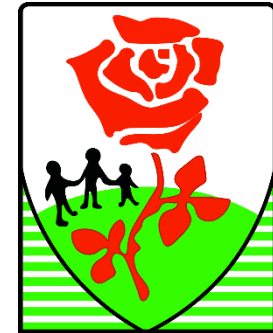
Where can you find more information?

For more information regarding the changes that Natasha's Law will bring, you can visit The Food Standards Agency's website: <https://www.food.gov.uk/businessguidance/allergen-guidance-for-foodbusinesses>

Rosehill School

Natasha's Law

A Parent's Guide to Allergen Rules and Requirements



What is Natasha's Law?

Natasha's Law is a legislation relating to the declaration of allergen information on pre-packed for direct sale (PPDS) food. The law takes its name from the tragic death of a teenager named Natasha, who died from an allergic reaction to undeclared sesame seeds in a pre-packaged baguette.

The new law makes it a legal requirement to clearly display information about potential allergens on food packaging for PPDS food.



When does the law come into effect?

Natasha's Law will be implemented on 1 October 2021. In line with The Food Standards Agency's expectations, to ensure that our children and staff can feel safe when eating food from the school.

What is PPDS food?

This is food which has been packaged before the customer has chosen it.

This can include:

- Any food packaged by the school such as sandwiches.
- Food wrapped or packaged before the child selects it.
- Potted items with lids on.
Packed lunches for pupils on school trips.



What is not included?

Food not affected by this law includes:

- Food not in packaging.
- Food which is loose before a customer selects it and packaged afterwards.
- Loose food which was not packaged at the point it was ordered.
- Food supplied by other businesses.



Labelling laws apply to children of all ages – a child's ability to interpret the information does not remove our responsibility to provide clear labelling.

What kind of allergies will we be required to label?

There are 14 allergens which must be declared by law.

The 14 allergens are as follows:

- **Celery**
- **Cereals containing gluten and wheat such as barley and oats**
- **Crustaceans such as crabs, prawns and lobsters**
- **Eggs**
- **Fish**
- **Lupin**
- **Milk**

- **Molluscs such as mussels, oysters, snails and squid**
- **Mustard**
- **Nuts such as almonds, brazil nuts, cashews, pistachio nuts and walnuts**
- **Peanuts**
- **Sesame Seeds**
- **Soybeans**
- **Sulphur dioxide and sulphites if they are at higher concentrations than 10mg/kg**

These 14 allergens should be clearly indicated on the label using clear text such as bold, italics or highlighting the text in another colour.

More information on the changes required by Natasha's Law can be found here:

<https://natashas-law.com/natashas-law/>.