

Food art recipe card

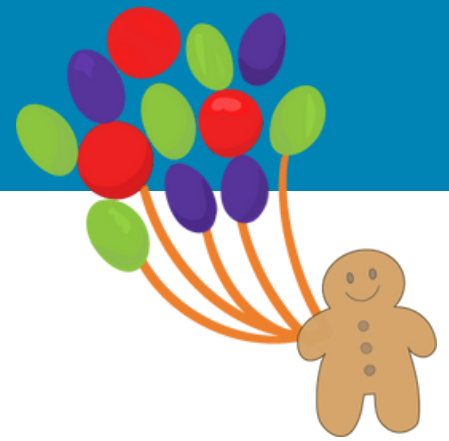
Helping developing food confidence



Children who are resistant eaters often benefit from exposure to food at times and in ways unrelated to mealtimes and eating.

Use this recipe card to develop your child's confidence touching different food items. Eating the final product is optional!

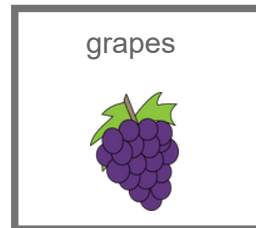
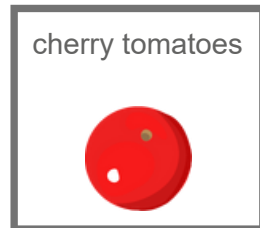
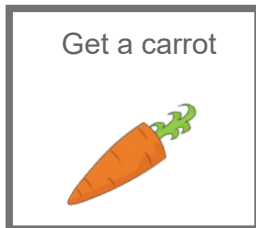
Visual recipe card



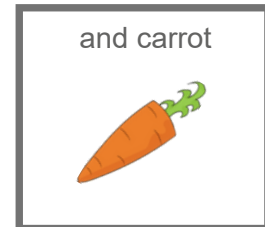
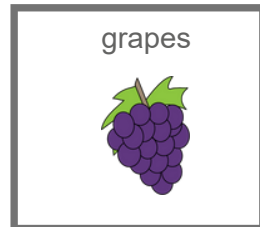
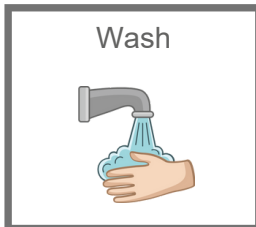
Today I am making...

A food picture of a person holding balloons

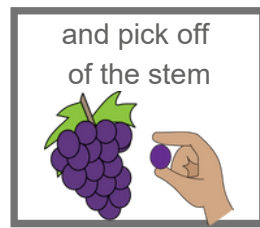
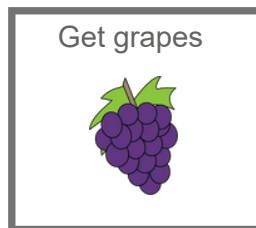
1.



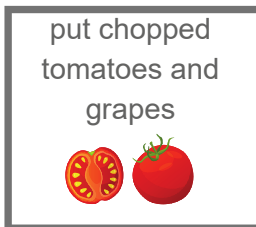
2.



3.



5.



6.

