

# Rosehill School – Curriculum Project

#Hello Yellow

Raising awareness and funds of children's mental  
health in support of World Mental Health Day



Subject Lead: Joanne Ritchie, PSHE Lead  
Project Dates: Friday 8<sup>th</sup> October 2021

# Key Learning Objectives

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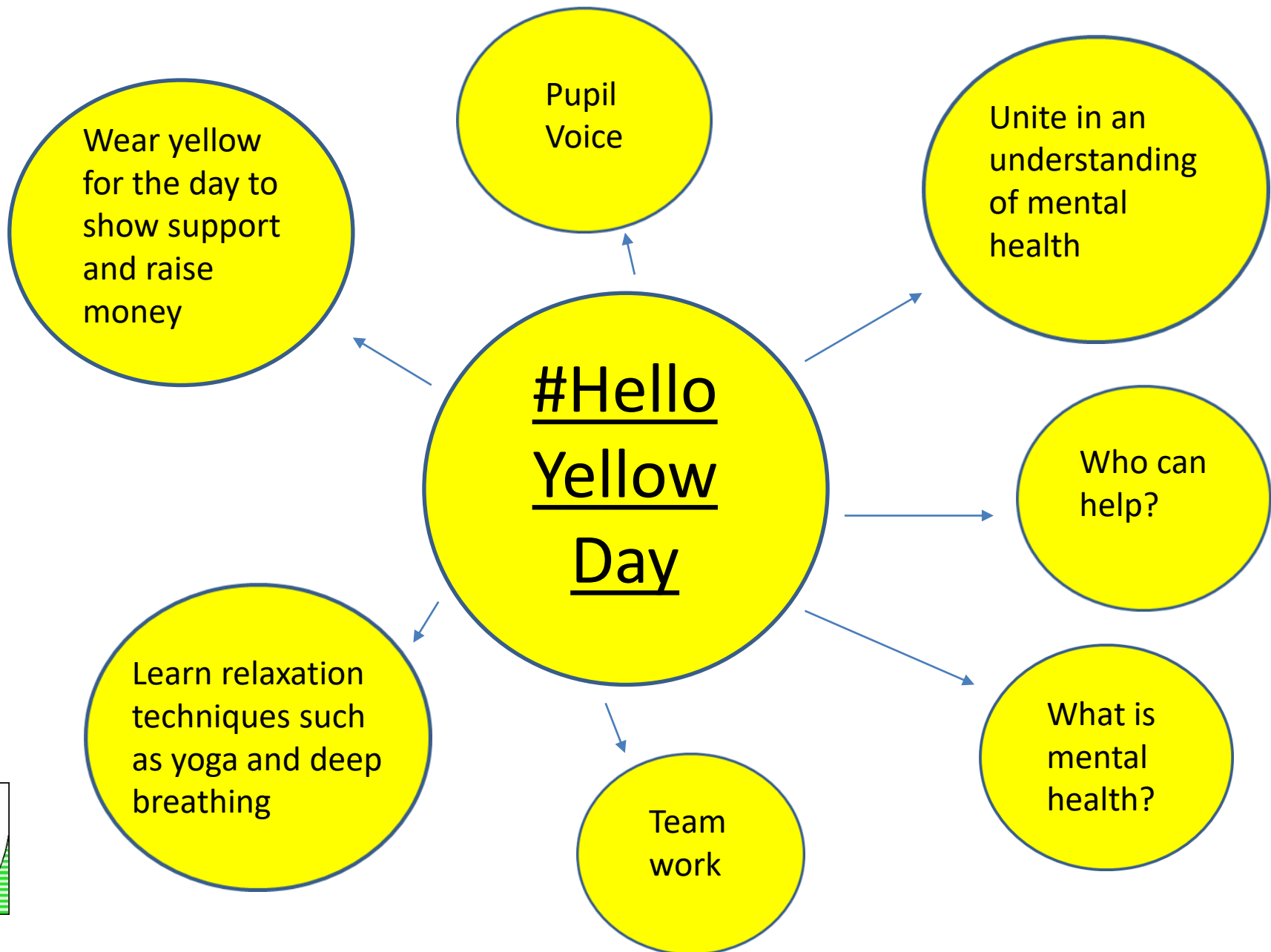
A huge thank you to everyone that took part in #HelloYellow on Friday 8 October 2021. Thousands of people, schools, community groups and offices helped raise vital funds to support the work of the charity Young Minds. Whether you donned an entire yellow outfit, or sported a splash of yellow, you showed young people that they are not alone with their mental health. As a school we raised **£66.49** which will be used to support young people in their mental health:

- For student to be aware of what mental health is.
- To understand that people have mental health difficulties.
- To understand that people manage and display mental health in different ways.
- For pupils and staff to be able to contribute positively to the wellness of those around them.
- For the whole school to support Young Minds Charity; in turn making a big difference to mental health.



School Development Plan Links: L&M. Priority 1; To develop our school vision, mission, values and aims.

# Project Content



# Impact on Children and Young People

All young people engaged in thinking about mental health

We gained knowledge about the meaning of mental health

We observed pupils taking part in relaxation techniques

Being part of a national initiative with many other schools, offices and community groups

Learning Walk 08.10.21 in middle school. Practising yoga. Classrooms were very relaxed and calm

Learning Walk 08.10.21 In upper school observations of students using box breathing to calm their minds

Raising £66.49 to support a charity



# Impact of #helloyellow Through Photographs



# Next Steps

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1

To continue work on mental health awareness through PHSE scheme of work and Wellbeing Champions initiative

2

To work with the OT to develop sensory circuits in all classrooms to ensure the mental health needs of our students is included in our classroom practice

3

Plan for #helloyellow next year to ensure whole school project is meaningful



Overseen by Joanne Ritchie within action plan  
2021-2022