

Rosehill School Curriculum Project

Anti-Bullying Week



Subject Lead: Katie Tomlinson
Project Dates: 13th – 17th November 2023

Key Learning Objectives

Anti-Bullying week is an annual event which Rosehill has taken part in since 2017. Following the success of the campaign in 2022 – when 80% of schools marked the week, reaching over 7.5 million children and young people – Anti-Bullying Week remind everyone whether it's in school, at home, in the community or online, we can bring an end to bullying.

Anti-bullying week encourages a **whole school** approach; *“Rosehill is committed to promoting equality, diversity and an inclusive and supportive environment for its children and staff and affirms the rights of individuals to be treated fairly and with respect. We recognise that the most effective way of minimising bullying is to provide a positive atmosphere of caring and friendship, through the ethos of the school. Every child and member of staff at Rosehill School should be valued and be able to learn and work without anxiety or fear from bullying.”*

This year's theme **was Make A Noise About Bullying**, because making a noise about bullying is about making a change; this theme was chosen so that Teachers and pupils would feel empowered to do something positive to counter the harm and hurt that bullying causes.

At the end of the project we want pupils;

- To feel like part of a community that stands up for the right things and makes their voice heard
- To understand what bullying is and what to do if you feel bullied
- To understand when 'banter' becomes bullying
- To feel confident in helping others



Subject Action Plan Links: To develop and extend whole school knowledge about Anti-bullying, To increase staff confidence in teaching PHSE, To stimulate and enforce high quality teaching of PHSE, To enable whole school community to come together

PP 2022-2025 links: Quality of Teaching and Learning (point 3); Targeted academic support (point 6+7)

School Development Plan Links: Personal Development (point 3.3); Behaviour and Attitudes (point 2.2)

Project Content



Odd socks day – Monday 13th November:

This year we are hosted our annual **Odd Socks** day with the support of Andy Day, cBeebies star and front man of 'Andy and the Odd Socks'.

It is a chance for us to celebrate Anti-Bullying Week in a positive way by wearing odd socks at school to celebrate how unique we all are.



[Andy and the Odd Socks – Make A Noise \(official video\) for Anti-Bullying Week 2023 - YouTube](#)

We held our first Odd Socks Family task this year:



using



Family

task:

Decorate

your

sock

using

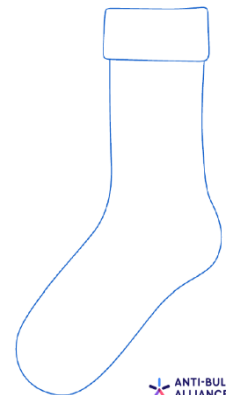
whatever

you can

find

at

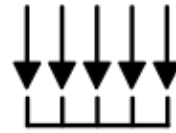
home





Thank you

to



all of



our

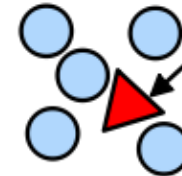


families

for



their



odd



sock

entries.



The

winners

are ...

Congratulations - 1st place

Name: Brian and family

Date: 5th December 2023



Congratulations for winning the family task for decorating odd socks as part of anti-bullying week 2023



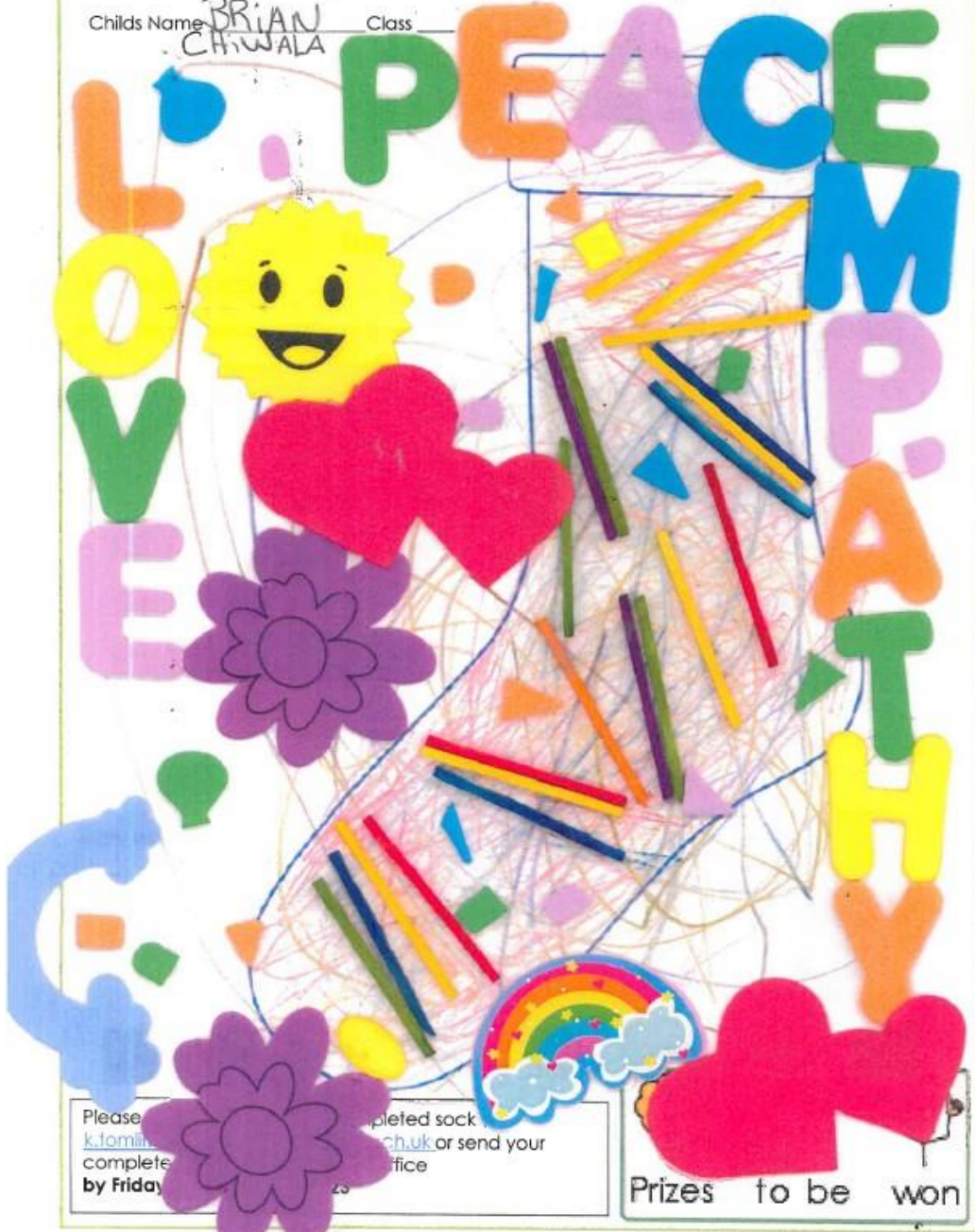
Brian



class 2

Family task: Decorate your sock using whatever you can find at home

Childs Name BRIAN CHIWALA Class _____



Please complete sock by Friday
k.fomilch.uk or send your complete sock to office

Prizes to be won



Prize:



£20



shopping



voucher

Congratulations - 2nd place

Name: Declan and family

Date: 5th December 2023



Congratulations for 2nd place in the family task for decorating odd socks as part of anti-bullying week 2023

Declan - class 9

Family task: Decorate your sock using whatever you can find at home

Childs Name DECLAN Class 9



Prize:



£10



Greggs



voucher

Congratulations - 3rd place

Name: Rizwan and family

Date: 5th December 2023



Congratulations for 3rd place the family task for decorating odd socks as part of anti-bullying week 2023

Family task: Decorate your sock using whatever you can find at home

Childs Name Rizwan Mirda Class 14

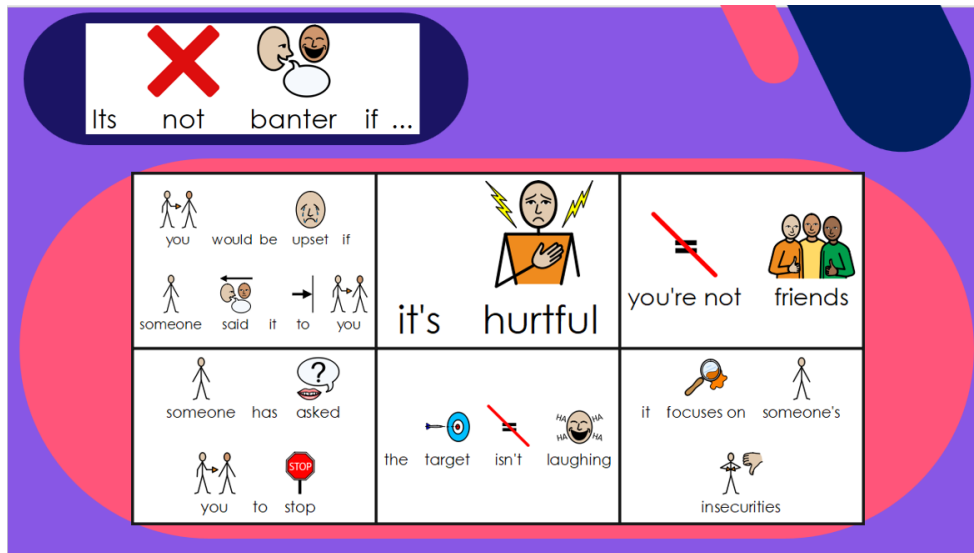


Prize:



2 chocolate selections boxes

Examples of lessons/activities that took place:



- PSHE:
 - o Watch the Make a Noise video and discuss key points
[Primary School Pack \(2023\)](https://www.anti-bullyingalliance.org.uk/primary-school-pack-2023/) ([anti-bullyingalliance.org.uk](https://www.anti-bullyingalliance.org.uk/))
 - o Who can help me? poster
 - o What I want in a Friend activity
 - o Create a 'Make a noise' poster
 - o Define what bullying is and what it means
 - o Ask pupils:
 - "What do they think about bullying at Rosehill?"
 - "Do they think it happens?"
 - "Where does it happen?"
 - "What they'd like to see school do to prevent and respond to it?"
 - o Design and make an anti-bullying poster
 - o Teach about respectful relationships:
 - The importance of respecting others, even when they are very different from them (e.g., physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs.
 - About different types of bullying (including cyberbullying), the impact of bullying and how to get help.
 - o Teach about caring friendships:
 - How important friendships are in making us feel happy and secure, and how people choose and make friends.
 - That healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.
- Citizenship:
 - o Use scenario cards to discuss whether it is ok for someone to do this to you or not



Examples of lessons/activities that took place:

- **English:**

- o Anti-Bullying wordsearch
- o Pupils to make a 'Make A Noise' class poem
- o Read a different storybook or novel (and/or complete linked activities), based on the suitability of your class, that relates to situations of bullying or injustice, and promotes 'defenders' and activists. Ideally, this would be a story of people standing together.

Examples of stories:

- 'Horton Hears a Who' by Dr.Suess
- 'The Lorax' by Dr.Suess
- 'Stand Tall Molly Lou Melon' by Patty Lovell
- 'The Bully Blockers Club' by Theresa Bateman
- 'Chester Raccoon and the Big Bad Bully' by Audrey Penn
- 'Leave Me Alone: A Tale of What Happens When You Face Up to a Bully' by Kes Gray
- 'Gifts from the Enemy' by Trudy Ludwig

- **Music:**

- o Explore the use of volume in conveying a message or emotion. Create an antibullying chant.
- o Create a percussive accompaniment to your class's 'Make A Noise' poem/rap.
- o Listen to influential music. Examples of songs:
 - 'What's Goin On' by Marvin Gaye – A song about the forces shaping American culture in the 1970's, including poverty drug abuse, and racism.
 - 'Johnny' by Craig David – A song about Craig David's own experiences of bullying.
 - 'Where is the Love?' by Black Eyed Peas – A song released in response to the 9/11 attacks, addressing issues such as terrorism, racism, pollution, LGBTQ+ issues, and more.

- **Art:**

- o Design a 'Bantometer': When does banter turn to bullying? Give examples for each interval on the Bantometer, showing how it can turn from harmless to hurtful.
- o Make/design a mindfulness bookmark
- o Design an odd pair of socks by colouring/painting/collaging
- o Odd socks mindfulness colour

- **Computing:**

- o Create a class Popplet, [Popplet](#), (leaflet or poster) to keep all of your ideas on making a noise about bullying e.g., how to deal with bullying or people you could speak to if you had concerns about bullying and display them around the school.
- o You could also create a 'Banter or Bullying?' poster outlining the differences between the two.
- o Teach online safety:
 - People sometimes behave differently online, including by pretending to be someone they are not.
 - That the same principles apply to online relationships as to face-to-face relationships, including the importance of respect for others online including when we are anonymous.

- **Drama:**

- o Roleplay potential scenarios that are 'just banter' based on what they have learned this week. Use examples of banter that can turn into bullying so children can more easily visualise what this might look like in real life.
 - o Roleplay e.g., what is a good friend. How bullying makes you feel? Who can you talk too?
- You could also have a class reward jar and put a token in the jar each time you see or hear a great example of reaching out – when the jar is full the class could choose a reward!



Impact on Children and Young People:

All young people engaged in thinking about friendships and what that means

We gained knowledge about the meaning of bullying and when 'banter' becomes bullying

Developing a whole School awareness of what to do if you see bullying or if you need help

Being part of a national initiative with many other schools around the country



Next Steps:

1

To continue work on different types of relationships (including external relationships) using our PHSE and RSE Schemes of work

2

To review the school Anti-Bullying policy

3

Plan for Anti-Bullying week next year to include another family task



Overseen by Katie Tomlinson