

Topics covered in lessons and assembly programme in 3 year rolling curriculum 2022 – 2025

Sixth Form

Types of Abuse – Including rights of the child.

PHSE

Living in the wider world

The importance of professional conduct and how it can be demonstrated in different workplaces. Bullying and harassment in the workplace in all its forms and ways to seek or provide support to resolve the situation.

Relationships

Recognise and manage negative influence, manipulation and persuasion in a variety of contexts, including online. Recognise and manage different forms of abuse, sources of support and exit strategies for unhealthy relationships. Understand their rights in relation to harassment (including online) and stalking, how to respond and how to access support. Strategies to recognise, de-escalate and exit aggressive social situations. Personal safety in new relationships. Develop and maintain healthy, pleasurable relationships and explore different levels of emotional intimacy. Constructive dialogue to support relationships and negotiate difficulties. Manage the ending of relationships safely and respectfully, including online. Recognise the opportunities to build meaningful relationships in the workplace and the boundaries around professional relationships.

Assemblies;

Anti-Bullying Week. Empower children to counter the harm and hurt that bullying causes. Being aware how unkind words and actions can make others feel.

Mental Health and Well-being

PHSE

Health and Well-being

Skills and strategies to confidently manage transitional life phases. Recognise how idealised images of bodies and pressure to conform, can adversely affect body image and self-esteem; strategies to manage this pressure. Recognise signs of change in mental health and wellbeing and demonstrate a range of strategies for building and maintaining positive mental health, including managing stress and anxiety. Recognise common mental health issues such as anxiety, depression, eating disorders, self-harm and compulsive behaviours. Recognise when they, or others, need support with their mental health and effective strategies to address difficulties and promote wellbeing. Support available to manage common mental health issues, and how to access the most appropriate support. Responsibility for monitoring personal health and wellbeing, including sun safety, breast awareness and self-examination, testicular self-examination and cervical screening. Consistently access reliable sources of information and evaluate media messages about health; and how to make informed decisions about health, including vaccination/immunisation'. How to register with and access health services in new locations. Recognise illnesses that particularly affect young adults, such as meningitis. How to maintain a healthy diet, especially on a budget. How to maintain work-life balance, including understanding the importance of continuing with regular exercise and sleep, and balancing time online.

Physical Education

Multi skills, rebound, gymnastics, netball, balloon badminton, tennis, striking and fielding, athletics, fundamental skills.

	<p>Workshops Sessions with Primary Care Learning Disability Liaison Nurse</p> <p>Professional Services in school Paediatrician Speech and Language Therapist Sensory Occupational Therapist Educational Psychologist</p>
	<p>Assemblies;</p> <ul style="list-style-type: none"> • Making resolutions; personal, class, department, school. A time to reflect and explore feelings. • Mindfulness Yoga. Identify feelings and learn to regulate. • National Heart Month, how can we keep our hearts healthy? What could happen if our hearts aren't looked after? • Sun Awareness Week, take care of ourselves, keeping safe, our physical health • National Vegetarian Week, Have some understanding about the vegetarian diet and its benefits. • Make Music Day, things we are good at, skills for learning, playing and working together. How is it celebrated round the world? • Wimbledon Fortnight. What are your favourite sports? Knowing how to look after your body, including resting. Why is exercise good for you? • World Well-being week. How can you boost your physical, mental or emotional well-being? How can we look out for the well-being of our loved ones and others in the community.
<p>Online Safety</p>	<p>PHSE Health and Well-being Assess and manage risk and personal safety in a wide range of contexts, including online; about support in place to safeguard them in these contexts and how to access it.</p> <p>Living in the wider world Maintain clear boundaries around personal privacy and to manage online safety in all its forms, including seeking help when appropriate. How social media can expand, limit or distort perspectives and recognise how content they create and share may contribute to, or challenge this. Be a critical consumer of online information in all its forms, including recognising bias, propaganda and manipulation. When and how to report or access help for themselves or others in relation to extremism and radicalisation. How to identify and evidence strengths and skills when applying and interviewing for future roles and opportunities. How to produce a curriculum vitae and prepare effectively for interviews. How to recognise career possibilities.</p>

	<p>Computing E-safety- how to stay safe online by thinking before you click: Identify public or private information and why we need to keep personal information private. Consent- asking to use/do things. Choose age-appropriate websites and games- PEGI ratings. Using search engines safely. Real and fake news. Pop ups and opening attachments. Internet Safety for IT Users L1 UAS AQA: 108804 USING I-PADS WITH SUPPORT 115583 ACCESSING APPS INDEPENDENTLY FOR LEISURE ACTIVITIES</p> <p>Assemblies;</p> <ul style="list-style-type: none"> • Safer internet day. Raising awareness at home, school and within the community. Knowing how to stay safe online. Who can help me? How can we join together to make a better internet for everyone?
CSE/Risk of Exploitation	<p>Relationships Dangers and consequences of being involved in gangs, serious organised crime or carrying a weapon</p>
Domestic Abuse (Healthy Relationships)	<p>Relationships How to articulate relationship values and to apply them in different types of relationships. Recognise, respect and, if appropriate, challenge the ways different faith or cultural views influence relationships. Manage mature friendships, including making friends in new places. Personal safety in new relationships, including online activity or when meeting someone for the first time whom they met online. Develop and maintain healthy, pleasurable relationships and explore different levels of emotional intimacy. Constructive dialogue to support relationships and negotiate difficulties. Manage the ending of relationships safely and respectfully, including online. Recognise the opportunities to build meaningful relationships in the workplace and the boundaries around professional relationships.</p> <p>Assemblies;</p> <ul style="list-style-type: none"> • Welcome back to school, expressing feelings appropriately eg nervous, excited. New friends, new classes, new staff, new department. • As part of personal development, we empower children to have individuality and help them understand that everyone is unique. • We praise children for demonstrating honesty, kindness, and respect for others. • We give children opportunities to voice their opinions and encourage them to listen to other people’s views. • We help children understand that “no” means “no” and make sure they know who to talk to if they are ever uncomfortable with something they have been asked them to do. • We work with children to resolve conflicts using restorative justice and help them understand how others might be affected. • We talk to children about bullying in all its forms and make sure they know how to get help if they need it.

Female Genital Mutilation	<p>Relationships Moral and legal responsibilities that someone seeking consent has, and the importance of respecting and protecting people’s right to give, not give, or withdraw their consent (in all contexts, including online) Emotional, physical, social and legal consequences of failing to respect others’ right not to give or to withdraw consent. Seek help in the case of, abuse, and the process for reporting to appropriate authorities. Implications of unintended pregnancy and young parenthood. Assert, the use of contraception with a sexual partner. How to effectively use different contraceptives, including how and where to access them.</p> <p>Assemblies; How my body changes and grows, baby to adult, changes at puberty, personal hygiene routines, why are these important?</p>
Forced Marriage Honour Based Violence	
Substance Misuse	<p>Health and Wellbeing Manage alcohol and drug use in relation to immediate and long-term health How alcohol and drug use can affect decision making and personal safety, including looking out for friends, safe travel and drink-spiking. Impact of alcohol and drug use on road safety, work-place safety, reputation and career. Risks of being a passenger with an intoxicated driver and ways to manage this.</p> <p>Assemblies; Drug Awareness, taking care of ourselves, trusting others, feeling unwell, Emergency situations.</p>
Gang Activity Youth Violence Knife crime	<p>PHSE The risks and law relating to carrying a weapon.</p> <p>Health and Well-being Perform first aid and evaluate when to summon emergency services, irrespective of any potential legal implications, for example, when the situation involves alcohol, drugs, gangs or violent crime.</p> <p>DT Use of Tools:</p> <ul style="list-style-type: none"> • Scissors • Cooking - Knife (adult support-some independence) • Butter knife <p>Workshops Sessions with the City South Schools & Early Intervention Officer.</p>

	<p>Assemblies;</p> <ul style="list-style-type: none"> • Being safe in the community. Public and Private, accidents and risks, understanding rules. Who can help and support us?
<p>Prevent - Radicalisation and Extremism</p>	<p>History Black History Month</p> <p>Geography What shapes my world?</p>
	<p>Celebrating festivals and local traditions</p> <p>Assemblies;</p> <ul style="list-style-type: none"> • Local and community history month. Celebration of those around us. Fun/surprising facts about our community • Goose Fair, what happens there? What was it like? Were there rides? What is Goose Fair? What is Goose Fairs history? • Black History Month, what does it mean? Why are we celebrating it? Exploring faiths, beliefs, and values of others. Appreciation of cultural influences. • Remembrance Day and Remembrance Sunday. Having an awareness of the sacrifices people made for us. How was conflict resolved? How do we resolve conflict now? • Thanksgiving, US holiday celebrating harvest. Learning about other cultures and traditions • Burns night, appreciating others' cultural differences and participating in cultural opportunities. • Mothers' day. How is this celebrated? By who? Why? Who else can we share/show our love for on this day? Other women in my life, different relationships we have • St Georges Day, belonging to a community, How do we celebrate different days? Is it the same for everyone? • Pride Month, celebrating diversity and peoples' right to live and how they choose without discriminations. How have people fought for the rights/power to be their true selves? How is Pride celebrated? • Fathers' day, who else can we share our love for this day? Who are the special men in my life? Different types of relationships we have? • St Andrews Day. Who celebrates it? How is it celebrated? Understand ways different people celebrate. • Gypsy, Roma and Traveller History Month. Celebrate the diversity that communities bring to the UK. Information about Roma history.
<p>British Values</p>	

1. Democracy	<ul style="list-style-type: none"> • School Council • Eco Council • The importance of school, Education and what we learn in assembly • Story of Guy Fawkes
2. The rule of law.	<p>Establishing new classroom rules, regulations and reward systems.</p> <p>PHSE Health and Wellbeing Travel safely around the UK and abroad; understand legal rights and responsibilities when travelling abroad, including passport, visa and insurance requirements.</p> <p>Assembly;</p> <ul style="list-style-type: none"> • Environment week. Knowing the rules/laws rights and wrong; why should we recycle? Being part of the community. • Road Safety. Rules and expectations related to road safety. Highway code.
3. Individual liberty.	<p>PHSE Living in the wider world Enterprising in life and work. Set realistic yet ambitious career and life goals which are matched to personal values, interests, strengths and skills. The ‘next step’ options available, such as college, further training or apprenticeships. How to identify and evidence strengths and skills when applying and interviewing for future roles and opportunities. How to produce a curriculum vitae and prepare effectively for interviews. How to recognise career possibilities. Plan expenditure and budget. Salary deductions including taxation, national insurance and pensions. Savings options. Manage financial contracts including, mobile phone services and renting items and accommodation; how to identify appropriate advice.</p> <p>AQA Accreditations Focus; life skills and fundamental skills for living an independent life.</p> <ul style="list-style-type: none"> • Black History Month – Key figures in history campaigning for freedom • Pupils encouraged to make independent choices with the knowledge that they are in a safe, secure environment • Robust anti bullying culture • Remembrance Day Assembly and 1 minute silence. • World Book Day – Self Expression • Charitable events e.g. Children in Need

4. Mutual respect	<p>Ways to celebrate cultural diversity, promote inclusion and safely challenge prejudice and discrimination.</p>
	<p>Assemblies;</p> <ul style="list-style-type: none"> • World Frog Day. Do you like frogs? Fun facts about frogs. Frogs have become increasingly endangered; how can we help them? • National Tree Week. Taking care of the environment. How do I look after my local community? • End of term assembly. Celebrate others achievements • World Wildlife Day. The importance of taking care of our environment. Recognising right from wrong. Being part of the community with the same goal. • International Nurses Day, how do nurses help us? What do they do? How can we help them? • International Red Panda Day, have you ever seen one? Fun facts about the Red Panda. • International Week of Deaf People, how can we help the deaf community feel connected to wider society? Become more educated in communicating with deaf people, contribute to positive change and breaking down barriers. • European Day of Languages, promote language learning and celebrate the linguistic and cultural diversity of Europe.
5. Tolerance of those of different faiths and beliefs	<p>Assemblies;</p> <ul style="list-style-type: none"> • Mawlid; Muslim festival celebrating Muhammad’s birthday. Getting on with others without showing prejudice and disclination. Experiencing others’ beliefs. Being part of the community. Understanding others • Diwali, understanding people believe in different things. Experiencing others’ beliefs. Understanding others. • Christingle, what does Christingle mean? Learn about the different elements of the Christingle. Celebrating faith and beliefs. • Christmas, how is it celebrated around the world? Respect other faiths and beliefs. Respect others. Celebrating diversity. • Chinese New Year, learn to respect people, celebrate diversity. • Story of Easter. Traditional celebrations, do my friends celebrate Easter? How do they? • Ramadan. Understanding people around us have different faiths, feelings and values. Learning more about mine/other peoples’ faiths and appreciating others’ cultures. • Navratri. Are you part of a community that celebrates this festival? Understanding others, experiencing others’ beliefs. • Holocaust Memorial Day. Understanding others’ cultures and how to respect them. • Passover. The main theme is redemption, what does this mean? What are the rituals which are carried out?