

What is an Educational Psychologist?

Nottingham City Educational Psychology Service



Nottingham
City Council



An Educational Psychologist (EP) uses their knowledge of psychology to support children, young people, parents/carers and school staff when there are concerns about a student's learning, development, wellbeing or behaviour. They work with nurseries, mainstream schools, colleges and specialist provisions. EPs help to identify young people's strengths, wishes and aspirations before considering their needs. This information helps EPs to work with educational settings to develop strategies and advice to support positive changes.



Examples of areas EPs can support with include: wellbeing and mental health, behaviour, learning, communication and language, care experienced children, alternative provisions, risk of exclusion, attendance difficulties... as well as many more.

What do EPs do?

EPs work with the adults who know the young person best to help identify their strengths and needs. They use this information, together with any information gathered from assessments they may carry out, to make recommendations to support positive change for young people's educational experience.

How do they do it?

EPs carry out a range of work including:

- Consultations with school and home
- Individual assessments with pupils
- Group or whole school interventions
- Working with other agencies
- Training for school staff
- Staff supervision

How will I be involved and kept informed?

An EP will gain your consent via school, before work begins with your child. We aim to work collaboratively with parents/carers and school, as we recognise that you and school staff will know your child better than us. Therefore, to ensure that your views are represented and that you are involved in decision making, we may:

- Invite you to meet with us to share your views, either in school or at your home;
- Hold a meeting between you and school;
- Send you a written record of our involvement



How can I contact the EP service?

Tel: 0115 8765829

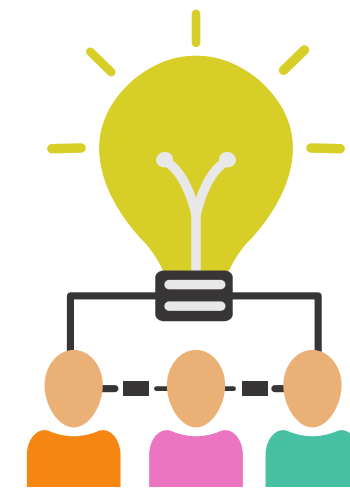
Web: www.nottinghamcity.gov.uk/educationalpsychology

What to expect when working with an Educational Psychologist (EP)

Nottingham City Educational Psychology service

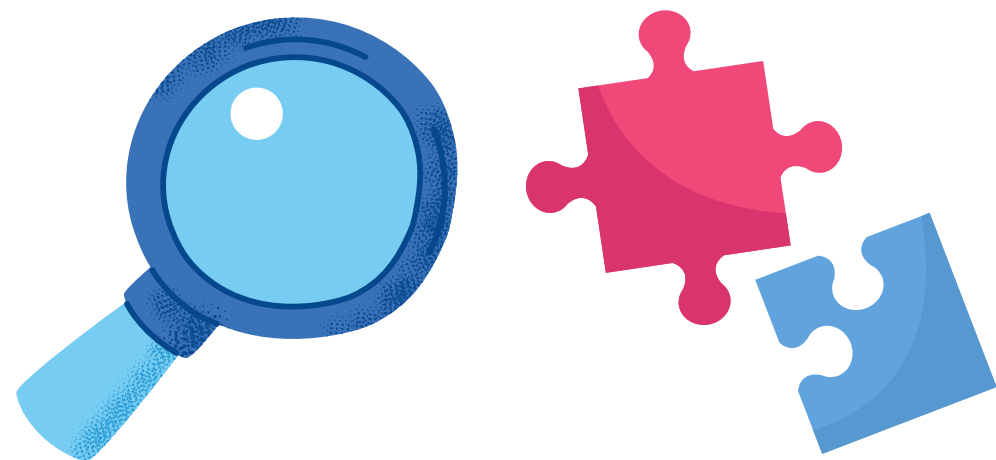
First Meeting

We will meet together to talk about what is going well for you child and how we might be able to support them further with their wellbeing and education needs.



What's going on here?

Together and alongside key school staff members who support your child, we will think about possible explanations for what your child is experiencing.



Finding out more...

To test these explanations, I may do an observation, some assessment work or have more conversations, if any of these are appropriate. Where necessary, I will meet with your child to gain their views.



Planning

Using the information that I have gathered, we will come together with school staff to understand what is going on for your child from their point of view and agree our next steps together.



Review

We will meet after an agreed time to see the effect of these planned steps. We can always go back to earlier stages if we need to so that the plan is having a positive impact.



Nottingham City Educational Psychology Service
Enabling Positive Change. Using Psychology to bring people and ideas together.