



Rosehill School

Caring about Learning, Learning About Caring

Pupil-Friendly Anti-Bullying Policy: Feeling Safe and Happy at School

Feeling safe and happy at Rosehill School

At Rosehill School, we want to make sure that you feel looked after, safe and happy.



What is bullying?

A bully is someone who **hurts** another person **more than once**, by using behaviour that is **upsetting**

Types of bullying

- Hurting someone's feelings, leaving them out or bossing them about.
- Punching, kicking, spitting, hitting or pushing someone.
- Teasing someone or calling them names.
- Bullying someone because of their skin colour, race or what they believe in.
- Bullying someone because of their gender or sexuality.
- Sending horrid messages over the internet through social media in a text message,



What should I do if I am being bullied?

- If you are being bullied, the first thing you should do is tell a grown-up.
- If you talk to a grown-up, we can make the bullying stop.

Who can I talk to?

Speaking to someone like your **mum, dad, carer** or **teacher** will mean that we can make sure the **bullying stops**.



How can I help stop bullying from happening?

- Being **kind** and **respectful** to others.
- Thinking about people's **feelings** before we say or do something.
- Taking part in **PSHE, assemblies** and **Anti-Bullying work**.

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