

Evidencing the impact of the Primary PE and sport premium

Website Reporting Tool

Revised May 2021

Rosehill School
Action Plan 2023 – 2024



Commissioned by the
Department for Education

Created by



It is important that your grant is used effectively and based on school need. The [Education Inspection Framework](#) (Ofsted 2019 p64) makes clear there will be a focus on **‘whether leaders and those responsible for governors all understand their respective roles and perform these in a way that enhances the effectiveness of the school’**.

Under the [Quality of Education criteria](#) (p41) inspectors consider the extent to which schools can articulate their curriculum (INTENT), construct their curriculum (IMPLEMENTATION) and demonstrate the outcomes which result (IMPACT).

To assist schools with common transferable language this template has been developed to utilise the same three headings which should make your plans easily transferable between working documents.

Schools must use the funding to make **additional and sustainable** improvements to the quality of Physical Education, School Sport and Physical Activity (PESSPA) they offer. This means that you should use the Primary PE and sport premium to:

- Develop or add to the PESSPA activities that your school already offer
- Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years
- The Primary PE and sport premium should not be used to fund capital spend projects; the school’s budget should fund these.



At Rosehill School, we believe PE and Sport plays an important role in making our PE vision statement a reality for every pupil, with the potential to change young people's lives for the better.

Rosehill PE and Sport Vision Statement

At Rosehill School, we pride ourselves on providing a high-quality Physical Education curriculum that inspires every child to succeed; promoting excellence and equality for all. We believe that all our children should leave the school physically literate, with a memorable experience of engaging in physical education and sports, as well as experiencing a range of challenging and enjoyable active opportunities; developing independence skills, making healthy choices, looking after our mental health and promoting positive wellbeing and developing a passion for physical activity and sport.

Our Sports Coach, Emma White, works closely with our senior leaders to plan and develop PE at whole school level.

We have welcomed the Government's announcement in July 2023, confirming that schools in England will benefit from over £600 million across the next two academic years (2023-24 & 2024-25) for the continuation of the Primary PE and Sport Premium – a funding commitment to improve the quality of PE and sports in primary schools to help children benefit from regular activity.

How we are using it at Rosehill School

Our commitment to providing children with high quality health and wellbeing opportunities continued to be a priority during 2023-2024 with ongoing sporting opportunities, mental health and wellbeing projects, swimming, rebound therapy and after school clubs.

Rosehill is a Healthy School which is committed to delivering high-quality and consistently good PE provision to all our children and young people which enables our children to improve their health, fitness, welfare and wellbeing, their understanding of sport, teamwork and citizenship. We are very passionate about the UK Medical Officers Guidance, which promotes, that "being active every day provides a foundation for a healthier and happier life".

Physical activity for children and young people (5-18 Years)

- BUILDS CONFIDENCE & SOCIAL SKILLS
- DEVELOPS CO-ORDINATION
- IMPROVES CONCENTRATION & LEARNING
- MAINTAINS HEALTHY WEIGHT
- STRENGTHENS MUSCLES & BONES
- IMPROVES HEALTH & FITNESS
- IMPROVES SLEEP
- MAKES YOU FEEL GOOD

Be physically active

Spread activity throughout the day

Aim for an average of at least **60** minutes per day across week

All activities should make you breathe faster & feel warmer

Activities to develop movement skills, and muscle and bone strength **ACROSS WEEK**

Get strong (INACTIVITY)

Move more

Find ways to help all children and young people accumulate an average of at least 60 minutes physical activity per day across the week

UK Chief Medical Officers' Physical Activity Guidelines, 2019

We promote an inclusive ethos where all pupils enjoy participating in sport and exercise; empowering them to become the best they can be. One of the many ways we have used the sports funding at Rosehill has been to work closely with parents/carers and families promoting sport/being active and leading healthy lifestyles, which links closely with the Association of Physical Education targets.

This area has also been prioritised as part of our school development plan. Ensuring that families have a greater understanding of community facilities and sporting/physical exercise opportunities beyond the school, we aim to increase engagement and involvement of families in healthy life style choices, to improve health and wellbeing outcomes. By collaborating with a wide range of health services, and through multi-disciplinary planning (school development plan priority), we aim to strengthen the support provided to children experiencing health need and their families. This is particularly important at Rosehill as a large majority of pupils experience co-occurring differences and needs.

Recent developments as part of our PE approach include the use of sensory circuits, rebound therapy and cycling. Rosehill continues to be part of the NST and Nottingham City Council Partnership which provides advice and quality training for teachers. We have also hired coaches from Dance Equation, EPIC Sports, RideWise and Kixx to offer additional multi-sports and fundamental movement sessions linked to maths/wellbeing, to broaden the variety of daily physical activities being offered and to help spark an interest in new ways of enjoying active times together in a social context. We will continue to broaden the level of activity within the school through sport clubs and the daily exercise activities such as Active 8, which will have a long-lasting impact on the health and fitness of every child in the school.

We have continued to access swimming lessons with additional lessons before the end of Key Stage 2. In 2023/2023, 9 KS2 pupils successfully progressed through part of the swimming programme and grading system in line with the ASA (SEND programme). All pupils had the opportunity to swim according to their needs and have developed their confidence in accessing the water. For most, this was based a pre- swimming/foundation programme, which supports their water safety skills, confidence, sensory needs and wellbeing.

At our school we have developed a plan to ensure this funding is invested to maximise the long-term impact of our PE provision for pupils and staff. The impact of these initiatives is monitored through assessment of children's skills, staff and pupil feedback, uptake of clubs etc. In 2023/2024 we will continue to use the Physical Education Associations 5 key indicators (as outlined above), to support the planning of improvements in physical activity within the school. The following factors are taken into account:

Primary PE and Sport Premium - Key Indicators

Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport they offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Download the full DfE guidance at www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools
Download afPE's exemplification guidance at www.afpe.org.uk/physical-education/advice-on-sport-premium/

Key achievements to date until July 2023:	Areas for further improvement and baseline evidence of need 2023 - 2024:
<ul style="list-style-type: none"> ✓ To improve the effectiveness of teaching by employing specific sports specialists across the school to work alongside primary teachers when teaching PE to develop the skills of teachers and enhance specific skills need by the children for particular sports. ✓ Further increase daily time spent on sport/exercise/PE. ✓ Continue to give increased support to vulnerable/inactive/pupil premium pupils. ✓ To improve the physical activity opportunities at playtimes, lunchtimes and after school extra-curricular clubs - to support access to a wider range of sporting opportunities. ✓ Continue to offer further alternative sporting opportunities i.e. archery, cycling. ✓ Further increase numbers in intra school sport, inter school sport. ✓ To promote the importance of a healthy active lifestyles and mental health and wellbeing, children will take part in sporting and healthy lifestyle activities including the Change4Life programme, mental health and wellbeing events, rebound therapy, sensory circuits, daily exercise, sports days and sports challenges ✓ Encourage healthier packed lunches as part of a drive to improve overall lifestyle choices. ✓ Providing places for pupils on after school sport clubs and holiday clubs. ✓ To continue to offer additional swimming sessions for year 5-6 pupils. ✓ Ensure our PE Scheme of Work is reviewed to ensure progression of skills across the school. ✓ Provide staff with professional development where necessary to help them to teach PE and sport effectively to embed physical activity. ✓ To maintain and monitor the effectiveness of CPD and delivery of PE teaching. 	<ul style="list-style-type: none"> • To further increase the knowledge of primary staff with the support of the sports development officer and external sport companies. • Continue to give support to vulnerable/ inactive/ pupil premium pupils. • Improve physical activity during lunch times- train and develop Sports Ambassadors. • Offer a variety of enhanced sports for our pupils to develop new skills (cycling, archery, extra swimming). • To continue to promote the importance of a healthy active lifestyles and mental health and wellbeing. Children will take part in sporting and healthy lifestyle activities including the Better Health programme (Change4Life has now become part of Better Health, NHS). https://www.nhs.uk/healthier-families/about-and-contact/ Also, mental health and wellbeing events, rebound therapy, sensory circuits, daily exercise, sports days/events and sporting challenges. • Take part in the Nottingham Schools Trust inclusive events. • Promote/ run the Holiday Activities Food Programme (HAF) for Rosehill pupils. • To continue to offer additional swimming sessions for year 5-6 pupils. • To continue to ensure our PE Scheme of Work is reviewed to ensure progression of skills across the school. • Provide staff with professional development where necessary to help them to teach PE and sport effectively to embed physical activity. • To maintain and monitor the effectiveness of CPD and delivery of PE teaching. • To ensure strong links within our School Development Plan and Pupil Premium Grant/Recovery Grant Strategy.

Academic Year: 2023/24	Total fund allocated: £16,320	Date Updated/Reviewed: 26/07/2023
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Agreed and approved at Full Governing Body Meeting: TBC

Rosehill School Funding Allocation:

Total number of pupils on roll	120
Number of pupils eligible for funding <i>Allocations for the academic year 2023/24 are calculated using the number of pupils in Years 1 to 6 (as recorded on the January 2023 school census)</i>	35
Total amount of funding allocated	£16,350
Additional amount of funding received	0
Total amount of funding received	TBC

Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for pupils today and for the future.

Primary PE and sports premium key indicators of improvement:

- **Key Indicator 1: The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.**
- **Key Indicator 2: The profile of PE and sport is raised across the school as a tool for whole-school improvement.**
- **Key Indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport.**
- **Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils.**
- **Key Indicator 5: Increased participation in competitive sport.**

Area of Focus (the 5 key indicators outlined by AfPE & YST)	Actions (identified to improve provision in each area)	Funding (breakdown of how much will be spent)	Impact (the difference the funding will make)	Evidence (sources which end of year evaluations will be based on)	Sustainability (long lasting improvements, the spends will bring about)
KPI 1) Engagement of all pupils in regular physical activity	a) Order equipment (inc. basketball hoops, scooters, balls, trampette) to help facilitate a physically active playground.	£500 equipment Cost AuT2023	The additional items encourage pupils to play more/different games and sports at break and lunch times, resulting in higher levels of physical activity. Also, equipment will support sensory regulation.	- Whole school survey, focusing on usage of this equipment during play times. - Observations by EW throughout the year.	This equipment is used year on year, so more and more pupils are kept active at previously sedentary times of the day.
	B) Rebound therapy interventions (staff delivery) for pupils who need support with weight management.	In-house cost with current staffing	Extra rebound interventions for pupils' who are overweight will help them to become more physically active and have a positive impact on their overall health and wellbeing.	- Rebound therapy logs to monitor pupils' activity levels/ progression.	Rosehill staff who are rebound trained will deliver the sessions to help support pupils with their weight and mobility.
	c) Daily wake & shake/ dance sessions to improve the pupil's fundamental movements.	£400 resources Cost AuT2023	The improved skill proficiency of the targeted pupils leads to better movement competency, resulting in more engagement in physical activity.	- Feedback from teachers. - Link to PE levels.	Such early intervention addresses potential barriers to movement, thus empowering our youngest pupils to pursue active lives.

	d) Sensory circuits to help pupils develop fundamental skills and sensory regulation.	£500 equipment Cost AuT2023	Sensory circuits will enable the pupils to be more physically active and help develop agility, balance and co-ordination. Sensory circuits will support our pupils (many of whom experience sensory processing difficulties) to better regulate as well as enabling them to be physically active.	Survey on the usage of sensory circuits. - Observations by EW throughout the year. - OT input with teachers/ TAs to develop the circuits.	This equipment will be used daily to help develop ABC. Our pupils will use the circuits to become more physically active throughout the day.
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Area of Focus <i>(the 5 key indicators outlined by AfPE & YST)</i>	Actions <i>(identified to improve provision in each area)</i>	Funding <i>(breakdown of how much will be spent)</i>	Impact <i>(the difference the funding will make)</i>	Evidence <i>(sources which end of year evaluations will be based on)</i>	Sustainability <i>(long lasting improvements, the spends will bring about)</i>
KPI 2) Profile of PESSPA being raised across the school as a tool for whole- school improvement	a) Primary sports day organised to incorporate external sports companies.	£400 hire of venue Cost SuT2024	By using a variety of companies for this day, parents/carers can see what sessions the pupils take part in during the school term.	- Feedback from pupils, staff and parents about the day. - Impact report conducted.	Providing the pupils with new experiences and a sense of achievement will have a positive impact on their wellbeing and their passion for sport.
	b) Develop a new group of 'Sports Ambassadors' to help facilitate active play at lunch times.	£60 lanyards/ badges/ resources Cost AuT2023	Select suitable pupils to act as advocates for PE and school sport, as well as developing their leadership skills, while helping to make Rosehill a more physically active school.	- End of year evaluations from the Sports Ambassadors. - Feedback from teachers/ pupil voice.	Throughout their time at Rosehill, the pupils will continue to promote/ champion the benefits of PESSPA to others. It will help develop their social skills and Leadership.
	d) Organise several PE, school sport and physical activity focused assemblies and award presentations.	£50 * certificates, medals and trophies Cost SpT2024	PESSPA achievements are celebrated regularly, leading to increased levels of confidence and motivation in the pupils in attendance at these events. Swimming and rebound therapy achievements.	- PowerPoint slides from activities and the Sports Award presentation. (Invite dignitaries i.e., Sheriff of Nottingham). - Whole school survey.	Continued organisation of celebration events leads to even greater numbers of pupils developing confidence and motivation regarding PESSPA.

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KPI 3) Increased confidence, knowledge and skills of all staff in teaching PE and sport	a) Part-fund the Sports Development Officer who delivers PE alongside teachers and provides extra swimming lessons to year 6 pupils and rebound sessions.	£6,435 Cost: £2,145 AuT2023 £2,145 SpT2024 £2,145 SuT2024	Provides the pupils with individualised PE plans to enable them to reach their full potential in PE.	-Observations, assessments of pupils needs//Progress and achievements etc. -Impact reports for different sports/events.	Our Sports Development Officer continues to support our pupils sensory and physical needs- swimming and rebound therapy are essential to their development.
	b) Hire a coach from EPIC sports in order to increase our primary teacher's capacity to team teach PE (during teachers' PE lessons).	£2,000 Cost: £666 AuT2023 £666 SpT2024 £666 SuT2024	Primary teachers' confidence and competence in teaching PE increases. Pupils experience high-quality lessons.	- Results from teachers end of year questionnaire. - Observations conducted by EW (PE lead).	Primary teachers deliver lessons with confidence. The quality of lessons are high.
	c) Hire a football coach (Kixx) to deliver high-quality football lessons to our primary department.	£4,000 Cost: £1,333 AuT2023 £1,333 SpT2024 £1,333 SuT2024	Primary teachers' confidence and competence in teaching football increases. Pupils experience high quality football lessons.	-Class surveys, focusing on their engagement in football lessons. -Observations conducted by EW (PE lead).	-Teachers to deliver football sessions independently/ without needing the support of an external provider, and pupils receive consistently high-quality football.

Area of Focus (the 5 key indicators outlined by AfPE & YST)	Actions (identified to improve provision in each area)	Funding (breakdown of how much will be spent)	Impact (the difference the funding will make)	Evidence (sources which end of year evaluations will be based on)	Sustainability (long lasting improvements, the spends will bring about)
KPI 4) Broader experience of a range of sports and activities offered to all pupils	a) Run the 'cycle' programme for a targeted group of pupils, facilitated by Ride Wise instructors.	£1,000 Cost SuT2024	Primary pupils receive specialist cycling instruction, building confidence and competence in an activity that many will not have experienced before.	- Pupil survey, focusing on how previous experience in riding a bike. - Measure competence of using a bike.	Pupils have positive experiences of riding a bike (often for the first time), leading to further engagement with cycling outside of school.
	b) Kwik cricket lessons for year 5/6 pupils.	Notts county cricket (no cost/free)	Y5 pupils experience a new sport within the curriculum, as well as developing fundamental movement skills and striking and fielding skills.	- Feedback from pupils about their sessions. - Impact report.	Pupils develop a passion for cricket and seek future opportunities to take part in SEND cricket sessions outside of school.
	c) Yoga.	£270 supply cover for inhouse yoga instructor Cost SpT2024	Primary pupils to engage in yoga sessions with a specialised company.	- Feedback from staff. - Pupil voice about the sessions. - Impact report.	Pupils enjoy the sessions and it has a positive impact on their wellbeing. This is also supporting pupils' self-regulation.
	d) Rebound intervention sessions for identified primary pupils.	Costed above	-Rebound interventions will help the pupils to self-regulate. -Also, rebound will help with their communication skills, muscle tone, co-ordination and fundamental skills.	- Rebound therapy logs used to monitor pupils' progression. - Impact report.	Our pupils enjoy rebound, which is proven to help with their sensory regulation and fundamental skills. We will therefore continue to provide this activity.

Area of Focus (the 5 key indicators outlined by AfPE & YST)	Actions (identified to improve provision in each area)	Funding (breakdown of how much will be spent)	Impact (the difference the funding will make)	Evidence (sources which end of year evaluations will be based on)	Sustainability (long lasting improvements, the spends will bring about)
KPI 5) Increased participation in competitive sport	a) Take part in all of School Sport Nottingham's 'Inclusion' events'.	£150 transport cost Costs £50 AuT2023 £50 SpT2024 £50 SuT2024	-Provide our pupils with the opportunity to attend the inclusion disability event.	- Attend all disability inclusion events. - Pupil voice about the events attended.	Pupils have a positive experience at the events and become part of inclusive clubs outside of school.
	b) After school clubs for gifted and talented pupils.	£585 towards clubs Cost SpT2024	-Provide opportunities for our gifted and talented pupils to attend after school club.	- Attendance recorded.	Pupils become more engaged in sport and lead a healthier lifestyle.
	c) Year 5/ year 6 pupils attend sports morning at Nottingham Trent University.	Costed above	- Provide our pupils with the opportunity to take part in sports morning off site at Nottingham Trent University.	-Impact reports completed to showcase the achievements of the pupils.	Yearly competition for our pupils to provide them with a new opportunity to engage in sport offsite.

Signed off by	
Head Teacher:	Cheryl Steele <i>C Steele</i>
Date:	21.7.2023
Subject Leader:	Emma White <i>Emma White</i>
Date:	21.7.2023
Governor:	N Kenneison <i>N Kenneison</i>
Date:	1.9.2023