

Assemblies: Middle + Upper School rota 2025 – 2026

Autumn Term		
Week commencing:	Theme + Curriculum links:	Assembly (+ follow up lesson) focus:
8 th September 2025	PSHE: Changes and managing feelings	Welcome back/to School – Welcome back to school after the Summer holidays
	RSHE: Mental wellbeing	Expressing feelings appropriately e.g., nervous, anxious, excited
	Citizenship: Developing good relationships	New class friends, new class? New staff? New department? New to Rosehill?
	PSHE: Self-awareness	Setting standards and expectations
	SMSC: Spiritual	Reflection of personal strengths. How can these be improved?
15 th September 2025	Citizenship: Making the most of my abilities	International Dot day (15 th September) inspired by a children’s book called ‘The Dot’, which is written by Peter H. Reynolds.
	PSHE: Self-awareness	Inspire creativity, show everyone that there is beauty, power, and great potential in creativity.
22 nd September 2025	RSHE: Mental well-being	Mindfulness - Yoga
	PSHE: Managing feelings	Identifying and expressing feelings. Learning how to self-regulate
29 th September 2025	RE: Festivals and Celebrations	Goose Fair – what is it? Why is called Goose fair? What happens there?
	RSHE: Being safe	How to be safe at the fair. Who can help?
6 th October 2025 Humanities lead to provide	PSHE: The World I live in – human diversity	Black History Month – What does this mean? Why are we celebrating it? Why is it important?
	RSHE: Similarities and differences	How can be these be discussed, shared and spoke about appropriately?
	Citizenship: Respecting the differences	How can we celebrate others achievements? You can be friends with anyone
	SMSC: Spiritual and cultural	Exploring beliefs, faiths and values of others. Appreciation of cultural influences
13 th October 2025	RSHE: Mental wellbeing	Singing assembly
20 th October 2025	Half term holidays	
27 th October 2025		
3 rd November 2025	RE: Festivals and Celebrations	Guy Fawkes Day + Bonfire night (5 th)
	PSHE: The World I live in	Why does this happen? What happens during these celebrations?
	SMSC: Social	Will you/Did you take part in bonfire night? Do you like or dislike the fireworks?
10 th November 2025 PSHE lead to provide	RSHE: Healthy and happy relationships	Anti-Bullying week (10 th -14 th) – ‘ Power for Good ’, we need to feel empowered to do something positive to counter the harm and hurt that bullying causes
	PSHE: Managing feelings and self-awareness	Champion kindness, because being kind is not a sign of weakness but a mark of strength
17 th November 2025	PSHE: The World I live in	Road Safety Week (16 th – 22 nd) – Raising awareness of key areas of road safety: road rules, cyclists and the highway code. Everyone’s life matter on the roads
	SMSC: Social	Rules and expectations related to Road Safety
24 th November 2025	RE: Festivals and celebrations	Christmas and the Winter season is coming - what will you see, hear, taste, feel, smell?
	RSHE: Coping with change	How might home, school and the community change?
	SMSC: Spiritual, social and cultural	How is Christmas celebrated around the world?

1 st December 2025	RE: Festivals and celebrations	Christingle (1st) – What does Christingle mean? What does an orange have to do with Christianity?
	SMSC: Spiritual, social and cultural	Learn about what the different elements of the Christingle represent. Celebrating faith and beliefs.
8 th December 2025 RE lead to provide	RE: Festivals and Celebrations	The meaning of Christmas – Christian festival celebrating the birth of Jesus Christ
	PSHE: The World I live in	Are you part of a community that celebrates this festival?
	RSHE: Relationships with others	How do you celebrate Christmas? Is it the same as your friends?
	SMSC: Spiritual, social and cultural	Respecting other faiths and beliefs. Respecting others. Celebrating diversity.
15 th December 2025	RSHE: Mental wellbeing	Christmas singing assembly
22 nd December 2025	End of Autumn Term holidays	
29 th December 2025		

Spring Term

5 th January 2026	RE: Festivals and Celebrations PSHE: Healthy Lifestyles and Self-Awareness SMSC: Spiritual	New Year – Welcome back to school after the Christmas holidays Making resolutions: personal, class, department, school What does the New Year mean to me? Time to reflect and explore feelings
12 th January 2026	RE: Festivals and Celebrations SMSC: Spiritual, social and cultural	World Religion Day (18 th) – What religions are there around the world? Respecting other faiths and beliefs. Respecting others. Celebrating diversity.
19 th January 2026 <small>Outdoor learning lead to provide</small>	PSHE: The World I live in SMSC: Social, Moral and social	Big Garden Watch (23 rd – 25 th) What types of birds are there? Class/department challenge Why are birds important? Why do we need to safeguard them?
26 th January 2026	RSHE: Mental well-being PSHE: Managing feelings	Mindfulness Identifying and expressing feelings. Learning how to self-regulate
2 nd February 2026	PSHE: Healthy Lifestyles and Self-Awareness	Why is it important to look after myself? What does this mean? What does this look like? Why is it important to do this consistently?
9 th February 2026	RSHE: Mental wellbeing	Singing assembly
16 th February 2026	Half term holiday	
23 rd February 2026	PSHE: The World I live in SMSC: Social	International Polar Day (27 th) Raising awareness of the conservation of polar bears What problems do polar bears face? How can we help?
2 nd March 2026	RE: Festivals and celebrations SMSC: Spiritual, social and cultural	Holi (4 th) (<i>AKAL Festival of Colours, Festival of Spring, Festival of Love</i>) - Hindu festival How is it celebrated? Who celebrates it? Why is it celebrated? What is the story of Holi? Celebrating another cultures festival and understanding its importance
9 th March 2026	RSHE: Mental wellbeing	Singing assembly
16 th March 2026	RSHE: Relationships with others PSHE: Changing and growing SMSC: Moral and social	LGBT+ History Month - celebration and remembrance of lesbian, gay, bisexual and transgender history Different relationships. Positive/unhealthy relationships. Importance of consent Recognising right and wrong, including the law. Respectful engagement with others. Importance of equality and diversity
23 rd March 2026 RE lead to provide	RE: Festivals and Celebrations SMSC: Cultural RSHE: Similarities and differences	The story of Easter – Christian celebration of Christs resurrection Traditional celebrations vs. modern celebrations Do any of my friends celebrate Easter? How do they?
30 th March 2026	End of Spring Term holidays	
6 th April 2026		

Summer Term		
13 th April 2026	PSHE: The world I live in SMSC: Social and moral	National Pet month – what are the benefits of pets? What makes a responsible pet owner? Do some pets work? How do they contribute to society?
20 th April 2026	RSHE: Mental well-being PSHE: Managing feelings	Mindfulness – Freedom of expression through music Identifying and expressing feelings. Learning how to self-regulate
27 th April 2026	RSHE: Being safe PSHE: Self-care, support and safety Citizenship: Preparing to play active roles as citizens	Being safe in the community – what does this mean? Public and private. Accidents and risks. Understanding social rules. Who can help and support us?
4 th May 2026	RSHE: Mental well-being	Mental Health Awareness week (11 th -17 th) what does good mental health mean? Is it the same for everyone? How can we look after our mental health? How can we help others?
11 th May 2026	RE: Festivals and Celebrations	Christian Aid Week – what is Christian aid week and how does it help people?
18 th May 2026	PSHE: The world I live in SMSC: Moral	World Bee Day (20 th) – what is this? Why are bees important? How can we/you help bees?
25 th May 2026	Half term holiday	
1 st June 2026 RSHE lead to provide	RE: Festivals and Celebrations Citizenship: Respecting the differences between people SMSC: Moral, social and cultural	Pride month – annual celebration recognising the influence of the LGBTQ+ community. Celebrating diversity and people's right to live how they choose without discrimination. How have people fought for the rights/power to be their true selves? How is Pride celebrated, how do we celebrate it?
8 th June 2026	RSHE: Drugs, alcohol and tobacco PSHE: Self-care, support and safety	Drug awareness – helpful and non-helpful drugs Taking care of ourselves. Trusting others. Feeling unwell. Emergency situations
15 th June 2026	PSHE: Citizenship: Preparing to play active roles as citizens	Insect week (22 nd – 28 th) Learn more about Insects and their habits What are the marvellous things insects do for our ecosystem? And how can we help them?
22 nd June 2026	PSHE: Self-care, Self-awareness RSHE: Mental wellbeing SMSC: Social	World Wellbeing week (23 rd – 29 th) - celebrate and raise awareness of the importance of wellbeing How can you boost your physical, mental or emotional wellbeing? What are the Five Ways to Wellbeing? How can we look out for the wellbeing of our loved ones and others in our community?
29 th June 2026	RSHE: Health and prevention PSHE: Self-care, safety and healthy lifestyles	Sun Awareness - Be aware of the dangers of exposure to the sun. How can we keep safe in the sun? Taking care of ourselves, keeping safe. Taking care of our physical health
6 th July 2026	PSHE: Healthy lifestyle – physical activities RSHE: Physical health and fitness	Importance of sports and review of Sports days – what are your favourite sports? What sports are you good at? Why are sports/exercise important – body and mind? Knowing how to look after your body, including resting.
13 th July 2026	PSHE: Self-awareness SMSC: Spiritual	Check point for reviewing goals/targets we set for this school year – Are they met? Close to be being met? Any barriers in place? Reflection of personal strengths and struggles.
20 th July 2026	PSHE: Changing and growing SMSC: Spiritual and Social	Celebration - pupils and their achievements over the school year academically and personally, including friendships and personal strengths (Extended period for reflection) Understanding achievements and being part of a community
TBC	PSHE: Self-awareness	

Cheryl Steele to lead	RSHE: Mental wellbeing	End of school year assembly to celebrate pupil and staff's achievements and strengths, 'gold awards' and other good news. School choir to perform Look back at the 2021-2022 year at Rosehill (e.g., projects, milestones etc.) Extended period for reflection
	Citizenship: Making the most of my abilities	
	SMSC: Spiritual, social and cultural	
End of academic school year holidays		