



Rosehill PE and Sport Vision Statement

At Rosehill School, we pride ourselves on providing a high-quality Physical Education curriculum that inspires every child to succeed; promoting excellence and equality for all. We believe that all our children should leave the school physically literate, with a memorable experience of engaging in physical education and sports, as well as experiencing a range of challenging and enjoyable active opportunities; developing independence skills, making healthy choices, looking after our mental health and promoting positive wellbeing and developing a passion for physical activity and sport.



The Primary PE and sport premium

Planning, reporting and evaluating website tool

Updated September 2023

Rosehill School
Action Plan 2025-2026



Commissioned by



Department
for Education

Created by



At Rosehill School, we believe PE and Sport plays an important role in making our PE vision statement a reality for every pupil, with the potential to change young people’s lives for the better.

How we are using the Primary Schools Premium at Rosehill School

Our commitment to providing children with high quality health and wellbeing opportunities will continue to be a priority during 2025-2026 with ongoing projects and sporting opportunities such as mental health and wellbeing week, swimming, ride wise cycling, EPIC sports, rebound therapy club and lunch school clubs.

Rosehill is a Healthy School which is committed to delivering high quality and consistently good PE provision to all our children which enables our children to improve their health, fitness, welfare and wellbeing, their understanding of sport, teamwork and citizenship. We are very passionate about the UK Medical Officers Guidance, which promotes, that “being active every day provides a foundation for a healthier and happier life”.

We promote an inclusive ethos where all pupils enjoy participating in sport and exercise; empowering them to become the best they can be. One of the many ways we will use the sports funding at Rosehill is to provide good quality inclusive sports equipment.

Ensuring that the equipment is accessible for all children in the school means that they are able to develop their skills in each area of the curriculum. We are going to continue to use sensory circuits, rebound therapy and climbing equipment. Rosehill is part of the NST and Nottingham City Council Partnership which provides advice and quality training for teachers. We will also continue to hire coaches from EPIC Sports, ride wise and our own Sports Development Officer will deliver additional multi-sports and fundamental movement sessions to increase physical activity levels across the Primary Department.

We will continue to broaden the level of activity within the school through sport clubs and the daily exercise activities such as wake & shake, morning dance, quad running, and sensory circuits which will have a long-lasting impact on the health and fitness of every child in the school.

Physical activity for children and young people (5-18 Years)

- BUILDS CONFIDENCE & SOCIAL SKILLS
- DEVELOPS CO-ORDINATION
- IMPROVES CONCENTRATION & LEARNING
- STRENGTHENS MUSCLES & BONES
- IMPROVES HEALTH & FITNESS
- MAINTAINS HEALTHY WEIGHT
- IMPROVES SLEEP
- MAKES YOU FEEL GOOD

Be physically active

Spread activity throughout the day

Aim for an average of at least **60** minutes per day across the week

All activities should make you breathe faster & feel warmer

Activities to develop movement skills, and muscle and bone strength **ACROSS WEEK**

Get strong (INACTIVITY)

Move more

Find ways to help all children and young people accumulate an average of at least 60 minutes physical activity per day across the week

UK Chief Medical Officers' Physical Activity Guidelines, 2019

We have continued to access swimming lessons with additional lessons before the end of Key Stage 2. In 2024/2025, 24 KS2 pupils successfully progressed through part of the swimming programme and grading system in line with the ASA (SEND programme). All pupils had the opportunity to swim according to their needs and have developed their confidence in accessing the water. For most, this was based a pre-swimming/foundation programme, which supports their water safety skills, confidence, sensory needs and wellbeing.

At our school we have developed a plan to ensure the funding is invested to maximise the long-term impact of our PE provision for pupils and staff. The impact of these initiatives is monitored through assessment of children's skills, staff and pupil feedback, uptake of clubs etc. In 2025/2026 we will continue to use the PE associations 5 key indicators, to support the planning of improvements in physical activity within the school. The following factors are taken into account:

Primary PE and Sport Premium - Key Indicators

Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport they offer.

There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport



Download the full DfE guidance at www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools
Download afPE's exemplification guidance at www.afpe.org.uk/physical-education/advice-on-sport-premium/

Key achievements to date until July 2025:	Areas for further improvement and baseline evidence of need 2025 - 2026:
<ul style="list-style-type: none"> • Staff's knowledge and confidence in teaching has increased. • More rebound/ swimming interventions have been established to help improve the well-being of our most vulnerable/ inactive pupils. • Equipment has been replaced that's needed to enable more physical activity during lunch/ playtimes. • A variety of new sports have been established so the pupils can develop new skills and experience new sports. (ride wise, archery, swimming). • As a school we will have continued to promote the importance of a healthy active lifestyles, mental health and wellbeing. A variety of mental health and wellbeing events, rebound therapy, sensory circuits, daily exercise, sports days/events and sporting challenges have been implemented • The HAF programme has been delivered during Summer, October, Christmas and Easter have enabled more pupils to be more active during the holidays and experience new sports. • Additional swimming to year 6 pupils has been delivered. • We have continued to ensure our PE Scheme of Work is reviewed to ensure progression of skills across the school. • EPIC staff have provided staff with professional development where necessary to help them to teach PE and sport effectively to embed physical activity. • We have continued to maintain and monitor the effectiveness of CPD and delivery of PE teaching. PE Moderation has taken place. 	<ul style="list-style-type: none"> • To further develop and embed staff's knowledge and confidence in teaching PE. • Replace equipment that's needed to enable more physical activity during lunch and playtimes. • Continue to offer a variety of sports so the pupils can develop new skills and experience new sports. (ride wise, balance bikes, swimming) • We will provide more CPD opportunities for staff so we have more rebound qualified staff that can lead rebound interventions to enable more pupils to access sessions outside of PE lessons. • Provide staff with professional development where necessary to help them to teach PE and sport effectively to embed physical activity. To include, swimming CPD to increase knowledge and confidence in supporting pupils in swimming lessons. • Plan more competitive fixtures with other SEN schools and develop more Rosehill Sports teams. • Continue to deliver the HAF programme during Summer, October, Christmas and Easter periods to enable more pupils to be more active during the holidays and experience new sports. • Continue to provide additional swimming to year 6 pupils. • To continue to ensure our PE Scheme of Work is reviewed to ensure progression of skills across the school. • Monitor the effectiveness of CPD and delivery of PE teaching. • Purchase trikes so pupils can access them during school time to embed cycling skills.

Academic Year: 2025/2026	Total fund allocated:	Date Updated/Reviewed:
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Agreed and approved by Governors:



Valeria Oliver, Governor 21/07/2025

Rosehill School Funding Allocation:

Total number of pupils on roll	123
Number of pupils eligible for funding	25
Total amount of funding allocated	£16, 250
Additional amount of funding received (carry forward)	0
Total amount of funding received	

Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for pupils today and for the future.

Primary PE and sports premium key indicators of improvement:

- **Key Indicator 1:** The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.
- **Key Indicator 2:** The profile of PE and sport is raised across the school as a tool for whole-school improvement.
- **Key Indicator 3:** Increased confidence, knowledge and skills of all staff in teaching PE and sport.
- **Key Indicator 4:** Broader experience of a range of sports and activities offered to all pupils.
- **Key Indicator 5:** Increased participation in competitive sport.

Area of Focus (the 5 key indicators outlined by AfPE & YST)					
KPI 1) Engagement of all pupils in regular physical activity					
Intent	Actions (identified to improve provision in each area)	Funding (breakdown of how much will be spent)	Impact (the difference the funding will make)	Evidence (sources which end of year evaluations will be based on)	Sustainability (long lasting improvements the spends will bring about)
All children have opportunities to take part in regular physical activity by engaging with extra-curricular activities including rebound therapy, movement activities and cycling. By attending activities, children will develop their physical skills and will apply these skills when playing different sports. To improve staff knowledge and	a) Order new gymnastics equipment (matts, different styles of trampettes). A variety of balls.	£2500 equipment Cost AuT2025	New gymnastics equipment to enable pupils to access apparatus safely in PE lessons. More balls to enable active lunchtimes.	Observations from EW throughout the year.	This equipment is used year on year, but we need to purchase new equipment so more and more pupils are kept active.
	b) Rebound therapy interventions (staff delivery) for pupils who need support with weight management.	In house cost with current staffing	Extra rebound interventions for pupils' inactive/overweight will help them to become more physically active and have a positive impact on their overall health and well-being.	Rebound therapy logs to monitor pupils' activity levels/ progression.	Rosehill staff who are rebound trained will deliver the sessions to help support pupils with their weight and mobility.
	c) Daily wake & shake/ dance sessions to improve the pupil's fundamental movements (new equipment to be purchased e.g., ribbons).	£500 resources Cost AuT2025	The improved skill proficiency of the targeted pupils leads to better movement competency, resulting in more engagement in physical activity.	Feedback from teachers. Link to PE levels.	Such early intervention addresses potential barriers to movement, thus empowering our youngest pupils to pursue active lives.

understanding through training & support.	d) Purchase 2 trikes to keep at Rosehill School for pupils to practice their cycling skills.	£1000 trike Cost AuT2025	Trikes available at school so pupils can access them to develop their cycling skills.	Observation during ride wise sessions.	By having 2 trikes at school, it will enable pupils to practice their cycling skills and to develop their confidence/ safety skills.
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Area of Focus <i>(the 5 key indicators outlined by AfPE & YST)</i>					
KPI 2) Profile of PESSPA being raised across the school as a tool for whole- school improvement					
Intent	Actions <i>(identified to improve provision in each area)</i>	Funding <i>(breakdown of how much will be spent)</i>	Impact <i>(the difference the funding will make)</i>	Evidence <i>(sources which end of year evaluations will be based on)</i>	Sustainability <i>(long lasting improvements the spends will bring about)</i>
To raise the profile of sports and physical activities through high profile events and actively encouraging pupils to take on leadership or volunteer roles that support the delivery of sport and physical activity within the school.	a) Organise several PE, school sport and physical activity focused assemblies and award presentations.	£50 * certificates, medals and trophies. Cost SpT2026	PESSPA achievements are celebrated regularly, leading to increased levels of confidence and motivation in the pupils in attendance at these events. Swimming and rebound therapy achievements.	PowerPoint slides from activities and the Sports Award presentation. Whole school survey.	Continued organisation of celebration events leads to even greater numbers of pupils developing confidence and motivation regarding PESSPA.
	b) Organise several fixtures against other SEN schools to enable the pupils to feel part of a team.	£300 travel costs. Throughout the year	By giving the pupils an opportunity to be part of a team and compete against other SEN schools it will help raise the profile of sport within the school and increase pupils' confidence, communication and physical activity levels.	Feedback from pupils. Impact reports conducted.	Providing positive experiences for our pupils and giving them the opportunity to be part of a team will have a positive impact on PESSPA.
	c) Primary sports day organised to incorporate external sports companies/ medals for individual pupils.	£400 to cover cost of facility. Cost SuT2026	By using a variety of companies for this day parents can see what sessions the pupils take part in during the school term.	Feedback from pupils, staff and parents about the day. Pictures and impact reports conducted.	Providing the pupils with new experiences and a sense of achievement will have a positive impact on their wellbeing and their passion for sport.

Area of Focus (the 5 key indicators outlined by AfPE & YST)

KPI 3) Increased confidence, knowledge and skills of all staff in teaching PE and sport

Intent	Actions (identified to improve provision in each area)	Funding (breakdown of how much will be spent)	Impact (the difference the funding will make)	Evidence (sources which end of year evaluations will be based on)	Sustainability (long lasting improvements the spends will bring about)
Increased confidence, knowledge and skills of all staff in teaching PE/ sport by hiring coaches to work alongside teachers, to enhance, enrich and extend current opportunities offered to pupils.	a) Hire a coach from EPIC sports in order to increase our primary teacher's capacity to team teach PE (during teachers' PE lessons).	£5,000 Cost: AuT2025 - £1,665 SpT2026 - £1,668 SuT2026 - £1,667	Primary teachers' confidence and competence in teaching PE increases. Pupils experience high quality lessons. Provide lunch time sessions to help pupils become more physically active during these times.	Results from teachers end of year questionnaire. Observations conducted by EW (PE lead). New primary teachers for Sept 2025 so will need more support from the specialists.	Primary teachers deliver lessons interdentally and with confidence. Teachers feedback excellent: improved confidence and ability to teach 'multi sports' following sessions.
Develop teacher knowledge, confidence and skills to deliver rebound therapy/ support swimming to pupils with complex disabilities.	b) Staff to attend rebound therapy course as some need to renew certificate and some need to become qualified.	£3,000 Cost: AuT2025	By having more qualified staff for the rebound trampoline so it can be utilised more often to give more pupils specific rebound interventions.	New staff working in primary who will need to be trained. Conversations and feedback from staff.	Will help to benefit more pupils with mobility, weight management and sensory regulation.
	c) Staff to attend swimming CPD to increase their confidence and knowledge of SEN swimming.	£1,000 Cost: AuT2025	Teacher's confidence and knowledge of SEN swimming will have a positive impact on the pupils and the sessions.	Feedback from teachers.	More staff will feel confident supporting the pupils in the water.

Area of Focus (the 5 key indicators outlined by AfPE & YST)

KPI 4) Broader experience of a range of sports and activities offered to all pupils

Intent	Actions (identified to improve provision in each area)	Funding (breakdown of how much will be spent)	Impact (the difference the funding will make)	Evidence (sources which end of year evaluations will be based on)	Sustainability (long lasting improvements the spends will bring about)
Opportunity for all children in KS1 and KS2 to access a wide range of sports, including at different venues.	a) Run the cycle programme for a targeted group of pupils, facilitated by Ride Wise instructors.	£1,000 Cost SuT2026	Primary pupils receive specialist cycling instruction, building confidence and competence in an activity that many will not have experienced before.	Pupil survey, focusing on how previous experience in riding a bike. Measure competence of using a bike.	Pupils have positive experiences of riding a bike (often for the first time), leading to further engagement with cycling outside of school.
Working with sports specialists ignites children's love for sports, introducing the children to sports they may not have tried before.	b) Rebound intervention sessions for identified primary pupils.	Costed above	Rebound interventions will help the pupils to regulate. Also rebound will help with muscle tone, co-ordination and fundamental skills.	Rebound therapy logs used to monitor pupils' progression.	Our pupils need rebound to help with their sensory regulation and fundamental skills so we will continue to provide this.
	c) Run the balance bike programme facilitated by ride wise.	£500 Cost AuT2025	Primary pupils to receive balance bike sessions from ride wise to improve their confidence.	Observation of pupils during play times.	Pupils learn how to use a balance bike which will lead to cycling in the future.

Area of Focus (the 5 key indicators outlined by AfPE & YST)

KPI 5) Increased participation in competitive sport

Intent	Actions (identified to improve provision in each area)	Funding (breakdown of how much will be spent)	Impact (the difference the funding will make)	Evidence (sources which end of year evaluations will be based on)	Sustainability (long lasting improvements the spends will bring about)
Increased participation in competitive sport, by organising, coordinating and entering sport competitions and tournaments across the local area, including those run by sporting organisations.	a) Take part in all of School Sport Nottingham's 'Inclusion' events.	£590 transport cost Costs: £50 AuT2025 £50 SpT2026 £490 SuT2026	Provide our pupils with the opportunity to attend the inclusion disability event.	Attend all disability inclusion events. Pupil voice about the events attended.	Pupils have a positive experience at the events and become part of inclusive clubs outside of school.
	b) Year 5/ year 6 pupils attend sports morning at Nottingham Trent University.	Costed above.	Provide our pupils with the opportunity to take part in sports morning offsite at Nottingham Trent University.	Impact reports completed to showcase the achievements of the pupils.	Yearly competition for our pupils to provide them with a new opportunity to engage in sport offsite.
	c) Organise several fixtures against other SEN schools to enable the pupils to feel part of a team.	£300 Purchase Rosehill School Football items.	By giving the pupils an opportunity to be part of a team and compete against other SEN schools it will help raise the profile of sport within the school and increase pupils' confidence, communication and physical activity levels.	Feedback from pupils. Impact reports conducted.	Providing positive experiences for our pupils and giving them the opportunity to be part of a team will have a positive impact on PESSPA.